

# Inflation Reel Contra Dance

Calvin Campbell

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“Inflation Reel” is a contra dance written by Tony Parks years ago. It is described on page 178 in the book “**Dancing for Busy People**”. You can also download the cue sheet by [clicking here](#). The name of the dance is a play on words by Tony. There is one place in the dance where a circle of four is instructed to Circle Once Around and a quarter more. The quarter more is the inflation.

To see the YouTube clip ([click here](#).) This was videoed at a Christmas party for the Colorado dancers and High Country Dancers years ago. The caller is Calvin Campbell. I like to use a recording named **Hey Li Lee Li Lee** that was a singing call record published by Sets-In-Order Records. The recording can be purchased by ([clicking here](#).) The Lloyd Shaw Foundation also has a version done to **Rag Time Annie** ([Click here](#)) and also a prompted version by Don Armstrong ([Click Here](#)).



Over the years, I have used, **Inflation Reel** many times. It is popular at community dances and I also use it at square dance clubs that permit an occasional contra dance.